

Check Your Pulse: Lesson 3

© Lisa Young

Konnakkol structure with metric modulation or 'laya ratna' (lit. time or speed shifting).

(via M. Ravichandhira's and Kaaraikkudi Mani)

Set in *Adi tala*, demonstrated in 3 speeds.

Chathusra nadai (sub-division of 4) (recite twice to complete two *tala* cycles)

Double thisra nadai (sub-division of 6) (recite once to complete one *tala* cycle)

Double Chathusra nadai (sub-division of 8) (recite four times to complete three *tala* cycles)

Recite ascending and descending: Aim for clear articulation of the intoned vocal recitation of the *solkattu* syllables, and a smooth switching of speeds.

Place the beat markings onto the notation, for *Chathusra nadai* (sub 4) double *thisra nadai* (sub 6).

Use crosses above the syllables where the beats fall, and for the hand wave of beats 6 and 8 use a dot in a circle as we did in Lesson One.

Every syllable or comma represents 1 sub-division of the beat. The underscore denotes double speed.

Chathusra nadai (sub-division of 4)

Tha , ki tha tha ka thin, thin, thin, na , tha re ke da

thom thi gu gum tha ka thin , thin , tha thin ,

thin , tha thin , thin , tha thin ,

tha tha ka ja nu thom , , ,

Thisra nadai (sub-division of 6)

Tha , ki tha tha ka thin, thin, thin, na , tha re ke da

thom thi gu gum tha ka thin , thin , tha thin ,

thin , tha thin , thin , tha thin ,

tha tha ka ja nu thom , , ,

Lisa Young / Sruthi Laya Kendra School Chennai/Melb

© lisayoungmusic.com *Check Your Pulse* resources