

## LESSON TWO: Check Your Pulse with Lisa Young © Lisa Young

### Time Shifting (*laya rathna*)

#### Internal subdivisions (*gathi* or *nadai*) 1 – 9

Lesson Two is the recitation of common vocalisations of the *Carnatic* subdivisions of a given pulse from 1 thru to 9. There are many interchangeable variations of the *solkattu* language that we will look at down the track.

The *gathi* or *nadai* specifies the subdivision of each pulse, or the subdivision between two consecutive beats within a cycle. A piece may shift between more than one *nadai* in a composition or improvisation, and this is called '*Laya Rathna*' or time shifting.

**For your own learning this lesson focuses on subdivisions 1 – 6.**

**Start with 1- 4, then add 5 and 6. Down the track we will add 7, 8 and 9 and some language variations.**

This table shows the *solkattu* language you hear in Lesson Two. nb: in the phrase Tha Ke Ta or Tha Ke Da the third syllable Ta and Da are interchangeable.

1. Tha
2. Tha Ka
3. Tha Ke Ta |or (Tha Ke Da)
4. Tha Ka Thi Mi
5. Tha Ka Tha Ke Ta (Tha Ka Tha Ke Da)
6. Tha Ke Da |Tha Ke Da (3+3) or Tha Ka Thi Mi |Tha Ka (4+2)
7. Tha Ke Da | Tha Ka Thi Mi
8. The Ka Thi Mi | Tha Ka Ja Nu
9. Tha Ka | Tha Ka | Tha Ka | Tha Ke Da